



The Gym Nest School of Gymnastics

120 Macon West Drive

Macon, GA 31210

478.474.3021

www.thegymnest.com

SCHOOL TERM SCHEDULE*

July 30, 2018 – May 22, 2019

GYMNASTICS

TumbleBeak PreSchool

Child's age by Aug 31 determines class placement

Parent & Me (1 Yr Old)

Tuesday 5:30 – 6:00 T, JM, G

Parent & Tot (2 Yrs Old)

Tuesday 5:30 – 6:00 T, JM, G

Preschool (3-4 Yrs Old)

Tuesday 6:00 – 6:40 J

Tuesday 6:40 – 7:20 J

Wednesday 4:00 – 4:40 B

Wednesday 5:00 – 5:40 J, C

Wednesday 6:30 – 7:10 B

Thursday 3:50 – 4:30 J, C

Thursday 4:35 – 5:15 J, C

4 & 5 Yrs Old

Girls & Boys

Tuesday 1:15 – 2:10 JM

Kindergarten Girls

Wednesday 4:00 – 4:55 J, C

Wednesday 5:45 – 6:40 J, C

Thursday 6:15 – 7:10 J, C

Thursday 5:00 – 5:55 H

Boys

5-7 Yrs Old

Thursday 5:00 – 5:55 JM

Dancing at THE NEST

3-4 Yrs Old

Ballet/Gymnastics Combo Class

Tuesday 6:00 – 6:55 T, G

Gym 1 Girls

6-7 Years Old

Tuesday 4:00 – 4:55 J, G

Wednesday 6:45 – 7:40 J, C

Thursday 5:15 – 6:10 J, C

Thursday 6:00 – 6:55 H

8+ Years Old

Tuesday 5:00 – 5:55 J

Wednesday 6:00 – 6:55 H

Wednesday 7:00 – 7:55 H

Thursday 4:00 – 4:55 JM

Thursday 7:00 – 7:55 H

Gym 2 Girls – 7+ Yrs Old

1-year Gym 1 experience required

Wednesday 5:00 – 5:55 H

Gym 2&3 Girls – 8+ Yrs Old

Wednesday 4:00 – 5:10 JM

Thursday 7:00 – 8:10 JM

5+ Girls

Tuesday 7:00-7:55 J, G

CHEER & GYMNASTICS COMBO

4-6 Yrs Old

Monday 6:00 – 6:55 A

7-12 Yrs Old

Monday 7:00 – 7:55 A, B

BIRTHDAY PARTIES

TGN hosts Birthday Parties on Select Saturdays. Call for details or to reserve a date.

Tumbling & Strength

7+ Yrs Old

TGN's Tumbling classes combine flexibility and strength training, with a focus on improving Floor skills. The flexibility, strength, and body awareness developed in these classes can benefit athletes in a variety of sports. Take as a weekly class, pay as you attend, or add on to an existing schedule for additional training and development.

Wednesday 7:15 – 8:00 B

Tumbling Training Payment Option 1: Enroll & attend weekly (best method for progress)

Tumbling Training Payment Option 2: Pay as you attend

Ninjas at THE NEST

Ninjas at the Nest combines the skills of parkour and the strength & agility of gymnastics with obstacle course training to develop our very own Ninjas at The Nest! Our Ninjas skills will encompass the discipline of martial arts, the creativity of free style movement, and the fluidity of dance/break dancing.

4-6 Yrs Old Tuesday 4:00 – 4:55 JM

5+ Yrs Old Thursday 6:00 – 6:55 JM

7+ Yrs Old Tuesday 7:00 – 7:55 JM

PARENTS NIGHT OUT

On Select Friday nights during the school term, TGN hosts Parents Night Out from 7:00 – 10:00 PM.

Friends are welcome with a signed release form.

Instructor Key*:

A – Ayla
B – Brooke
C – Caitlin
G – Gillian
H – Heather
J – Jessica
JM – Josh
T – Tina

*Classes and Instructors are subject to change

The Gym Nest ... Helping Children SOAR to New Heights!



The Gym Nest

School of Gymnastics

120 Macon West Drive ■ Macon, GA 31210

(478) 474-3021 Fax: (478) 474-3427

www.thegymnest.com

2018 – 2019 School Term Calendar

When registering your child, you are registering for the School Term which ends May 22, 2019. The School Term is comprised of 6 sessions, payment is due by the first Thursday of each session.* Sessions 1, 2, 4, 5, & 6 include 7 lessons; Session 3 includes 6 lessons.**

Session / Event	Dates	Tuition Due *
Session 1 of 6 - (7 lessons)	July 30-Sept 13	August 2
Closed for Labor Day (Labor Day Make Up Class Nov 19 with a Modified Schedule)	CLOSED Sept 3	
Session 2 of 6 - (7 lessons)	Sept 17-Nov 1	September 20
Closed for Halloween (Halloween Make Up Class Nov 19 with a Modified Schedule)	CLOSED October 31	
Session 3 of 6 - (6 lessons - includes Make up Class for Labor Day & Halloween)	Nov 5-Dec 19	November 8
Labor Day & Halloween Make Up Class with a Modified Schedule	Nov 19	
Closed for Thanksgiving	Nov 20-25	
Week of Dec 17 (Modified Schedule. All Classes will meet only on M, T, W) Closed Thurs, Dec 20.	Dec 18-19	
Closed for Winter Break	CLOSED Dec 20-Jan 1	
Session 4 of 6 - (7 lessons)	Jan 2 – Feb 14	January 10
Week of Jan 2 (Modified Schedule. All Classes will meet only on Wed & Thurs) Closed Mon & Tues	Jan 2-3	
Session 5 of 6 - (7 lessons)	Feb 18 - April 4	February 21
Week of Mar 25 (Spring Break Modified Schedule. All Classes will meet M,T,W) Closed Thurs	Mar 25-27	
Closed for Spring Break	Mar 28-Mar 31	
Session 6 of 6 - (7 lessons)	April 8– May 22	April 11
Spring Fling Exhibition (\$42)	May 18	
Week of May 20 (Modified Schedule. All Classes will meet only on M,T,W) Closed Thurs	May 20-22	
Gym Closed for Memorial Day	CLOSED May 27	
Summer Session Begins	May 28	

Additional closings may be announced due to our competitions. Schedule changes and make-up dates will be announced ASAP.

*Tuition is due within the first 4 business days of the start of the session. There is a \$15 late fee for tuition received after the first 4 business days of each session. See the calendar above for tuition due dates for each session.

2018 – 2019 School Term Fees

Family Registration Fee (due each year)- **\$65** Registration/Release Form must be submitted with nonrefundable \$65.00 payment to reserve class time.

Session Tuition**:

70 minutes class per week: \$158 per Session (for Sessions 1, 2, 4, 5, 6). There will be a 14% discount for Session 3.

55 minutes class per week: \$144 per Session (for Sessions 1, 2, 4, 5, 6). There will be a 14% discount for Session 3.

45 minutes class per week: \$139 per Session (for Sessions 1, 2, 4, 5, 6). There will be a 14% discount for Session 3.

40 minutes class per week: \$134 per Session (for Sessions 1, 2, 4, 5, 6). There will be a 14% discount for Session 3.

30 minutes class per week: \$124 per Session (for Sessions 1, 2, 4, 5, 6). There will be a 14% discount for Session 3.

*Tuition is due within the first 4 business days of the start of the session. There is a \$15 late fee for tuition received after the first 4 business days of each session. See the calendar above for tuition due dates for each session.

**If your child is unable to participate through the end of Session 6, you must submit a withdrawal form to withdraw your child from class.

Withdrawal Forms must be completed and submitted to the Front Office **10 business days prior to the last day of the current session** to avoid the next session's tuition. Verbal withdrawals will not be accepted. A copy of the withdrawal form is located at

www.thegymnest.com/withdraw.pdf. To avoid being charged for subsequent sessions, please follow these Withdrawal Deadlines:

Session 1 - Aug 30 | Session 2 - Oct 18 | Session 3 - Dec 5 | Session 4 – Jan31 | Session 5 - March 21

Private Lesson - \$55 per hour

Pay-As-You-Attend for 45 minute Strength & Event Training - \$26 per lesson

Parents Friday Night Out (7:00-10:00) - \$20 plus snacks

Birthday Parties - \$200 for 10 guests (\$5 per each additional guest) / \$100 nonrefundable deposit due to reserve party day/time

Spring Fling Exhibition - \$42